

self-reflective activities to support the boarders in making personal meaning around resilience. Many of the boarders in the interventions expressed feeling pleasantly surprised that the interventions were 'not like schoolwork' and said that they were 'excited by the types of activities they were doing'. Some learners also expressed gratitude for the opportunity 'to explore themselves', 'to learn about their fellow boarders' and 'to focus on something other than school pressures' during that time. The interventions allowed some learners to 'see that we are not alone' and 'that we need ask others for help when we need it'. The student educational psychologists provided reflections throughout the practicum, which indicated that it was also a valuable learning experience for their own personal and professional development.

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Building victorious women who are ready for the Fourth Industrial Revolution

Gloria Khoza (Accounting Sciences: Co-Chief Executive Officer and Executive Director: Keep That Gold Shining)

In order to cope with the demands of the Fourth Industrial Revolution, young women need to be able to keep up with change and utilise methods that prepare them for the future. On 6 August 2022, Keep That Gold Shining (KTG) held a Building Victorious Women event at Thulaganyo Secondary School.

This was the first-time robotics were incorporated in the event and female learners were introduced to coding via TANKS, RANGERS and BOATS games. Approximately 250 female

high school learners participated in this event, which served as an opportunity for them to be exposed to successful women in academia and the corporate world.

The female guests addressed various topics, including confidence, the power of our imagination, dare to dream, goal setting and business success.

During the event sanitary pads were also distributed to the learners. The sustainability of this project is

ensured by contributions received from Friends, Families and Elevate Africa. Gloria Khoza the Co-Chief Executive Officer (CEO) of KTG, always says: 'If we want our women to come out victorious in all battles they come across, we have to support them'.

KTG women leaders believe that we are the ones we have been waiting for (a generation that supports each and holds each other's hands), who show up to support girls and make sure they are equipped to win their battles.